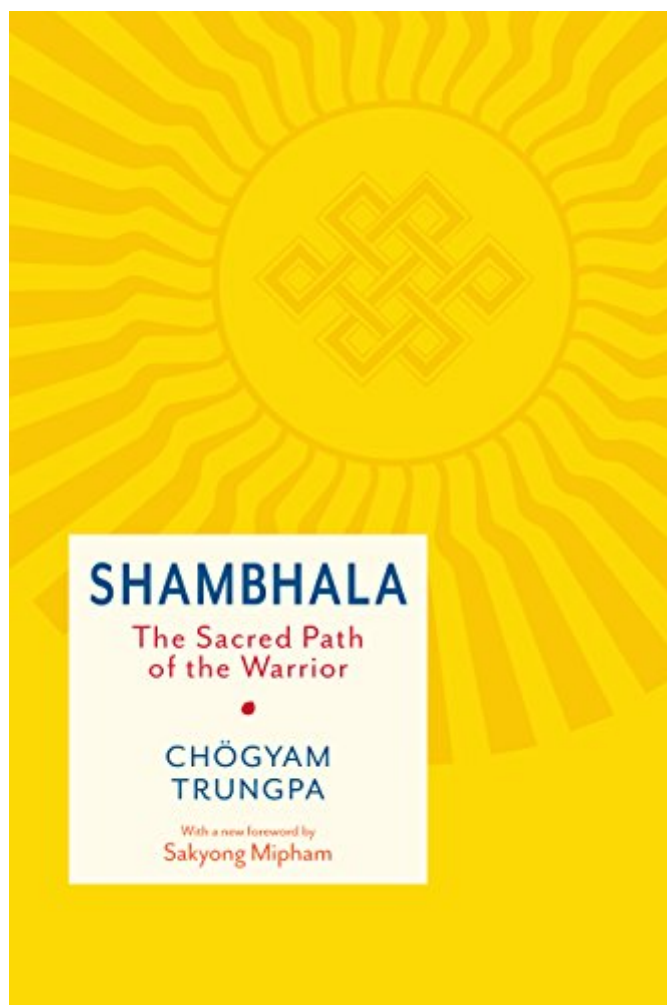


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# Shambhala: The Sacred Path Of The Warrior (Shambhala Classics)



## Synopsis

There is a basic human wisdom that can help solve the world's problems. It doesn't belong to any one culture or region or religious tradition although it can be found in many of them throughout history. It's what Chogyam Trungpa called the sacred path of the warrior. The sacred warrior conquers the world not through violence or aggression, but through gentleness, courage, and self-knowledge. The warrior discovers the basic goodness of human life and radiates that goodness out into the world for the peace and sanity of others. That's what the Shambhala teachings are all about, and this is the book that has been presenting them to a wide and appreciative audience for more than twenty years.

## Book Information

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## Customer Reviews

Chogyam Trungpa was, if nothing else, a Character. As famous as his ideas were his Shenanigans: promiscuity, affairs with students, and heavy drinking that on the face of it seem out of step with the Buddha's teachings, but which many of his followers justified as "Crazy Wisdom" in a long Tibetan tradition. (His misbehaviour is said to have begun after an accident: he crashed his car - I place my hand over my heart as I tell you this - into a joke-shop.) I've always felt

uncomfortable with books like "Cutting Through Spiritual Materialism" and "The Myth of Freedom". He shows nothing short of genius in adapting Tibetan world-pictures and spiritual methods for Western readers: unlike many icons of Asian spirituality in the West, he really, thoroughly (and indeed scarily) understood the people he found himself among. But he adapted by psychologising. For Tibetans, the Six Realms of Existence are actual and concrete; they are as real as Ecuador or Niagara Falls. Trungpa Rinpoche turns them into Mental Tendencies that we can observe in our own minds at any moment. The result is fascinating, much-praised and helpful to many, but leaves me feeling... confused, dubious. No such reservations about this more modest book. The legendary city of Shambhala, the Way of the Warrior, may be peripheral aspects of Tibetan tradition, but they're especially accessible. This is, in a word, Wisdom, that anybody could practice anywhere, at any time. I am awed by his subtlety, poetry and delicacy of touch. His choice of the "Child's Garden of Verses", for instance, to illustrate the Buddhist concept of seeing the Universe in its smallest details, is wildly inspired. I rack my brains to think of another Asian spiritual teacher who could have used that illustration.

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